
BBC LEARNING ENGLISH

6 Minute English worksheet

Love the foods you hate



Listen to the full episode here: <https://bbc.in/3PDDBLI>

1. Look at the cover image and title of the episode. What do you think this episode is about? What do you know about this topic already? What vocabulary do you associate with this topic?

2. Now listen to the first two minutes of the episode.

- What do the presenters say the episode is about?
- What is this week's question? What do you think the answer is?

3. Now listen to the whole episode. As you listen, write down the six items of vocabulary. What do they mean?

a) Word/phrase: _____

It means: _____.

b) Word/phrase: _____

It means: _____.

c) Word/phrase: _____

It means: _____.

d) Word/phrase: _____

It means: _____.

e) Word/phrase: _____

It means: _____.

f) Word/phrase: _____

It means: _____.

4. What did you learn that was surprising or new in this episode?

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5. Answer the quiz questions. Listen again or use the transcript to help you.

1. Why do we dislike some foods?
 - a) Genetics.
 - b) We learn not to like them.
 - c) It can be both.
2. What does Claire Thornton Wood's technique of masking involve?
 - a) dipping food into something you like
 - b) dipping food into something you don't like
 - c) wearing a mask while you eat
3. Why do people not like eating insects?
 - a) Insects are inherently unpleasant to everyone.
 - b) The concept of eating insects is strange to some people.
 - c) There is no way of preparing insects that is delicious.
4. How does Claire Thornton Wood get adults to try eating insects?
 - a) She covers them in chocolate.
 - b) She dips them in ketchup.
 - c) She has a professional chef prepare them.
5. What is a likely cause of developing a fear of a certain food?
 - a) The food makes us feel full.
 - b) The food is very spicy.
 - c) The food makes us unwell.
6. Which doesn't describe a food that is dodgy?
 - a) It is prepared by someone you trust.
 - b) It is undercooked.
 - c) It has been left out of the fridge.

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6. Write your own sentences using the vocabulary.

7. Answer the following questions.

- What are three things you have learnt from this episode?
- How does this topic make you feel?
- Give three examples relevant to your life using the vocabulary.

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Answers

3.

- a. hard-wired - describes automatically thinking or behaving in a particular way
- b. via - by way or by use of
- c. masking - hiding or stopping something from being seen
- d. inherently - existing in a way which is natural
- e. dodgy - something bad that, when talking about food, can make you unwell
- f. avoidance – the act of keeping away from something

5. 1c, 2a, 3b, 4a, 5c, 6a

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Teacher's notes

This worksheet is standardised so that you can amend and use it as appropriate with your classes.

Some topics may be difficult for learners, especially those which could be upsetting or cause offence. Please be mindful of this when using this worksheet and adapt it as necessary.

Extension activities

- Role-play an interview with an 'interviewer' and an 'expert' on this topic.
- Write a short story or article using the vocabulary from this episode.
- Read original articles on this topic.
- For homework: If it is available in your country, download and listen to the original podcast these extracts were taken from.